

Original Standard 26 American Drum Rudiments

Beginning Percussionist

Ron Sikes

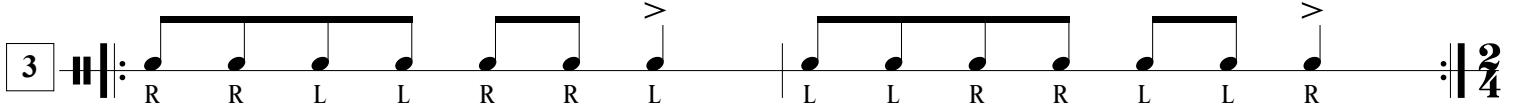
The Long Roll

1 

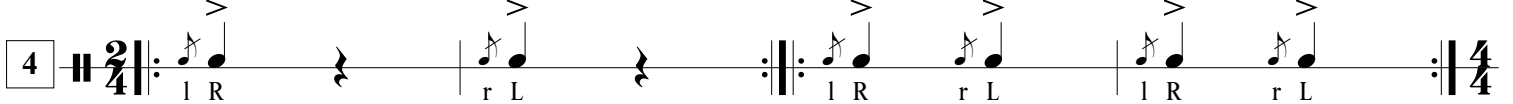
The Five Stroke Roll

2 

The Seven Stroke Roll

3 

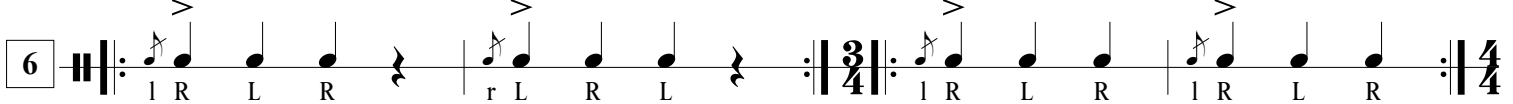
Flam

4 


The Flam Tap

5 

The Flam Accent

6 

The Flamacue

7 

The Drag

8 

Practice each rudiment slowly. Repeat each exercise 20 times. Focus on proper technique. Increase speed with each repeat

©2014 Ron Sikes Music * ALL RIGHTS RESERVED * www.ronsikes.weebly.com

The Single Drag Tap

9 **4/4**

The Double Drag Tap

10 **4/4**

The Single Paradiddle

11 **6/4**

The Double Paradiddle

12 **4/4**

The Flam Paradiddle

13 **6/4**

The Flam Paradiddle-diddle

14 **4/4**

The Drag Paradiddle #1

15 **4/4**

The Drag Paradiddle #2

16 **3/4**

The Single Ratamacue

17 **4/4**

Practice each rudiment slowly. Repeat each exercise 20 times. Focus on proper technique. Increase speed with each repeat

The Double Ratamacue

18 4/4 7 1 1 R 1 1 R L R L 3 r r L r r L R L R 3 5/4

Musical notation for exercise 18, 'The Double Ratamacue'. It consists of two measures in 4/4 time, followed by two measures in 5/4 time. The first measure has a 7-measure rest. The notes are quarter notes. The first measure contains the sequence: 1 1 R 1 1 R L R L. The second measure contains: r r L r r L R L R. The third measure contains: r r L r r L R L R. The fourth measure contains: r r L R L R. There are triplets over the last three notes of the first and third measures. The piece ends with a repeat sign.

The Triple Ratamacue

19 5/4 7 $\text{1 1 R 1 1 R 1 1 R L R L}$ 3 $\text{r r L r r L r r L R L R}$ 3 4/4

Musical notation for exercise 19, 'The Triple Ratamacue'. It consists of two measures in 5/4 time, followed by two measures in 4/4 time. The first measure has a 7-measure rest. The notes are quarter notes. The first measure contains the sequence: 1 1 R 1 1 R 1 1 R L R L. The second measure contains: r r L r r L r r L R L R. The third measure contains: r r L r r L R L R. The fourth measure contains: r r L R L R. There are triplets over the last three notes of the first and third measures. The piece ends with a repeat sign.

The Nine Stroke Roll

20 4/4 R R L L R R L L 2/4 R 4/4 L L R R L L R R 2/4 L 4/4

Musical notation for exercise 20, 'The Nine Stroke Roll'. It consists of four measures in 4/4 time. The first measure contains: R R L L R R L L. The second measure contains: R. The third measure contains: L L R R L L R R. The fourth measure contains: L. There are accents over the notes in the second and fourth measures. The piece ends with a repeat sign.

The Ten Stroke Roll

21 4/4 R R L L R R L L 2/4 R L 4/4 L L R R L L R R 2/4 L R 4/4

Musical notation for exercise 21, 'The Ten Stroke Roll'. It consists of four measures in 4/4 time. The first measure contains: R R L L R R L L. The second measure contains: R L. The third measure contains: L L R R L L R R. The fourth measure contains: L R. There are accents over the notes in the second and fourth measures. The piece ends with a repeat sign.

The Eleven Stroke Roll

22 4/4 R R L L R R L L 2/4 R R L 4/4 L L R R L L R R 2/4 L L R 4/4

Musical notation for exercise 22, 'The Eleven Stroke Roll'. It consists of four measures in 4/4 time. The first measure contains: R R L L R R L L. The second measure contains: R R L. The third measure contains: L L R R L L R R. The fourth measure contains: L L R. There are accents over the notes in the second and fourth measures. The piece ends with a repeat sign.

The Thirteen Stroke Roll

23 4/4 R R L L R R L L 3/4 R R L L R 4/4 L L R R L L R R 3/4 L L R R L 4/4

Musical notation for exercise 23, 'The Thirteen Stroke Roll'. It consists of four measures in 4/4 time. The first measure contains: R R L L R R L L. The second measure contains: R R L L R. The third measure contains: L L R R L L R R. The fourth measure contains: L L R R L. There are accents over the notes in the second and fourth measures. The piece ends with a repeat sign.

The Fifteen Stroke Roll

24 4/4 R R L L R R L L R R L L R R L L L R R L L R R L L R R L L R

Musical notation for exercise 24, 'The Fifteen Stroke Roll'. It consists of four measures in 4/4 time. The first measure contains: R R L L R R L L. The second measure contains: R R L L R R L. The third measure contains: L L R R L L R R. The fourth measure contains: L L R R L L R. There are accents over the notes in the second and fourth measures. The piece ends with a repeat sign.

Lesson 25

25 L L R L R R R L R L 3/4 L L R L R R R L R L 4/4

Musical notation for exercise 25, 'Lesson 25'. It consists of four measures. The first measure contains: L L R L R. The second measure contains: R R L R L. The third measure contains: L L R L R. The fourth measure contains: R R L R L. There are accents over the notes in the second and fourth measures. The piece ends with a repeat sign.

The Single Stroke Roll

26 4/4 R L R L R L R L R L R L R L R L

Musical notation for exercise 26, 'The Single Stroke Roll'. It consists of four measures in 4/4 time. The first measure contains: R L R L. The second measure contains: R L R L. The third measure contains: R L R L. The fourth measure contains: R L R L. The piece ends with a repeat sign.

Practice each rudiment slowly. Repeat each exercise 20 times. Focus on proper technique. Increase speed with each repeat